

Curriculum Vitae

Prof. Dr. rer. nat. Simon Forstmeier

Version: 14 May 2024

Office University of Siegen
 Faculty V – Department of Psychology
 Developmental Psychology and Clinical Psychology of the Lifespan
 Adolf-Reichwein-Str. 2a
 57068 Siegen, Germany
 Phone: + 49 (0)271 740-4020
 Fax: + 49 (0)271 740-4555

Email: simon.forstmeier@uni-siegen.de
 Internet: <https://www.uni-siegen.de/lwf/departments/psychologie/professuren/forstmeier/index.html.en?lang=en>

Date/place of birth: January 24, 1973 in Darmstadt, Germany
 Nationality: German
 Family status: married, two children

Academic positions

Since 9/2014 Full professor of psychology at the University of Siegen, Germany, chair of Developmental Psychology (since 12/2018 «Developmental Psychology and Clinical Psychology of the Lifespan»)

11/2005-8/2014 Senior teaching and research associate (“Oberassistent”) at the Dept. of Psychology, Division of Psychopathology and Clinical Intervention, University of Zurich, Switzerland (chair: Prof. Dr. Dr. A. Maercker), and project leader (e.g., „Motivational reserve in dementia, “Psychotherapy for people with early dementia and their caregiver”, „Life review therapy over the lifespan“)

4/2005-10/2005 Research scientist at the Dept. of Psychology, Division of Clinical Psychology and Psychotherapy, University of Trier, Germany (chair: Prof. Dr. Dr. A. Maercker)

2001-2014 Project leader: „Motivational and volitional processes in psychotherapy and psychosomatic rehabilitation“ at the Psychosomatic Hospital St. Franziska-Stift, Bad Kreuznach, Germany, and Dept. of Psychology, University of Zurich, Switzerland

Academic education

1/2013 Habilitation (post-doctoral qualification), University of Zurich, Switzerland

12/2004 PhD in Psychology („Dr. rer. nat.“) from University of Trier, Germany („summa cum laude“)

4/2001 M.Sc. in Psychology (“Dipl.-Psych.”) from Darmstadt University of Technology (“very good”)

1997-1998 Graduate Visiting Student in Psychology, University of Warwick, UK

1994-2001 B.Sc. and M.Sc. studies in psychology, Darmstadt University of Technology

Clinical experience, training, and related positions

2020-2021 Training in Schema Therapy (5 Modules), Institute for Schema Therapy, Frankfurt

3 u. 5/2020 Training in Digital Psychotherapy, Workshop of the DGPPN/DGPs

Since 2019 University-based outpatient psychotherapy clinic, University of Siegen

10/2017 Training in NET – Narrative Exposition Therapy for traumatized children and adults, University of Bielefeld

2011-2014 Member of steering committee of the Psychotherapeutic Center of the Dept. of Psychology, University of Zurich, Switzerland

2005-2014 Coordinator of outpatient clinic, Dept. of Psychology, Division of Psychopathology and Clinical Intervention, University of Zurich, Switzerland (chair: Prof. Dr. Dr. A. Maercker)

Since 2005 Trainer in cognitive behavioural therapy and life review therapy at various institutes in Germany, Switzerland and Austria

2005 Licensed Psychological Psychotherapist, Health service board, Germany

2001-2005 Clinical psychologist and training in psychotherapy at the Psychosomatic Hospital St. Franziska-Stift, Bad Kreuznach, Germany

Training in didactics and research methods

12/2018 Designing for older adults, Workshop an der Goethe Universität Frankfurt, unter Mitwirkung vom Center for Research and Education on Aging and Technology Enhancement (CREATE, USA)

2011-2013 Training in Good Clinical Practice, at the Clinical Trials Center of the University and University Hospital Zurich, Switzerland

2010 Designing seminars, Center for University Didactics, University of Zurich, Switzerland

2010 Media Training, Swiss School of Journalists, Lucerne, Switzerland

2009 New media in seminars, Center for University Didactics, University of Zurich, Switzerland

2003 Summer school Psychobiological Research Methods, University of Dusseldorf, Germany

Honors and awards

2023 Teaching Award of the Student Council of Psychology at the University of Siegen

2012 and 2014 Selected as one of the 10 best lecturers of the University of Zurich, Switzerland

2012 Margret & Paul Baltes award for gerontological research, German Society for Gerontology and Geriatrics (DGGG)

2011 Poster award of the German Association for Psychiatry and Psychotherapy (DGPPN)

2008	Vontobel award for gerontological research, Family Vontobel Foundation, Zurich.
2008-2011	Yearly: Travel award of the Swiss Academy of Humanities and Social Sciences
2005	Award of „Friends of University of Trier“ for excellent dissertations
2001-2002	PhD scholarship for the dissertation “Motivational and volitional processes in psychotherapy and psychosomatic rehabilitation”, from the Research Centre of Psychobiology and Psychosomatics (FPP) at the University of Trier, Germany
1997-1998	Scholarship as Graduate Visiting Student at University of Warwick, UK, from the German Academic Exchange Service (DAAD)

Board memberships

Seit 2021	Member of the Expert Commission for the Applied Parcours Examination at the IMPP (Institute for Medical and Pharmaceutical Examination Questions)
Seit 2021	Associate Editor of the journal “GeroPsych: The Journal of Gerontopsychology and Geriatric Psychiatry”
2021-2023	Member of the expert panel for updating the S3 Guidelines on Dementia, under the Leadership of the DGPPN and DGN
2018-2021	Vice-Dean for Structure, Planning, and Finances of the Faculty II, University of Siegen
2016-2021	Speaker of the Interest Group “Clinical geropsychology and psychotherapy in old age” of the division “Clinical Psychology and Psychotherapy” of the German Association of Psychology (DGPs)
Since 2016	Co-founder of the Gerontology Network Siegen (GeNeSi)
Since 2016	Member of the editorial board of the journal “GeroPsych: The Journal of Gerontopsychology and Geriatric Psychiatry”
2016-2018	Director of the Institute of Psychology, University of Siegen
Since 2015	Member of the editorial board of the book series “Resilience studies”, Springer
2015-2018	Member of the board of faculty, University of Siegen
Since 2012	Member of the editorial board of the journal “Psychotherapie im Alter” (Psychotherapy in old age)
2011-2014	Member of the program committee of the Certificate of Advanced Studies (CAS) Geropsychology, University of Zurich
2010-2012	Board member of the Swiss Society of Gerontology (Schweizerische Gesellschaft für Gerontologie, SGG)
Since 2009	Member of the expert committee for the German S3 diagnostic and treatment guideline “Dementia”
2009-2012	President of the Swiss Professional Society for Geropsychology (Schweizerische Fachgesellschaft für Gerontopsychologie, SFGP)
2007-2013	Board member of the Swiss Professional Society for Geropsychology (Schweizerische Fachgesellschaft für Gerontopsychologie, SFGP)

- 2008-2014 Member of the Faculty of the International Max Planck Research School on the Life Course (LIFE)
- Since 2007 Member of the editorial advisory board of The Open Psychology Journal

Professional memberships

- German Society for Psychology (Deutsche Gesellschaft für Psychologie, DGPs) (section Developmental Psychology; Clinical Psychology and Psychotherapy)
- German Society for Gerontology and Geriatrics (Deutsche Gesellschaft für Gerontologie und Geriatrie, DGGG)
- Professional Society for Biographical Work (Fachverband für Biografiearbeit, FaBia)
- American Psychological Association (APA, International Affiliate Member)
- Gerontological Society of America (GSA)
- International Institute for Reminiscence and Life Review (IIRLR)
- INTERDEM, pan-European network of researchers on early detection and timely INTERventions in DEMentia (co-ordinator for Switzerland)
- Center for Gerontology (Zentrum für Gerontologie), Zurich

Ad hoc reviewer

- Aging and Mental Health
- BMC Neurology
- British Journal of Psychiatry
- Clinical Gerontologist
- Contemporary Clinical Trials
- Enzyklopädie der Medizinischen Psychologie
- European Journal of Ageing
- European Journal of Psychotraumatology
- Future Medicine
- GeroPsych: The Journal of Gerontopsychology and Geriatric Psychiatry
- Gerontology
- International Journal of Geriatric Psychiatry
- International Journal of Social Psychiatry
- International Psychogeriatrics
- Journal of Affective Disorders
- Psychiatry Research
- Psychology and Aging
- Psychotherapie im Alter
- Psychotherapy and Psychosomatics
- Psychotherapy Research
- Zeitschrift für Gerontologie und Geriatrie
- Zeitschrift für Gesundheitspsychologie
- Zeitschrift für Neuropsychologie
- The Open Journal of Psychology
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- Deutsche Forschungsgemeinschaft (DFG)
- Bundesministerium für Bildung und Forschung (BMBF) der Bundesrepublik Deutschland
- Robert Bosch Stiftung GmbH
- American Alzheimer's Association

Schweizerischer Nationalfonds (SNF)

The Netherlands Organisation of Health, Research and Development (ZonMw)

Central research interests

Clinical geropsychology and psychotherapy with the elderly

Life review therapy and life story work (e.g., for dementia, depression, posttraumatic stress disorder in old age)

Psychological Alzheimer's research: Motivational reserve; CBT in early Alzheimer's patients

Self-regulation over the lifespan: delay of gratification; apathy in neurological disorders; motivational and volitional processes in psychotherapy and psychosomatics

Funding (altogether ca. EUR 2.130.000)

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|-----------|--|
| 2024-2026 | “Supported Advance Care Decision Making in Dementia - Two Approaches for Practical Implementation (DECIDE-2)”, BMBF, PI: J. Haberstroh, Co-PI: S. Forstmeier (total: 1,45 Mio €) |
| 2021-2024 | BMBF-Call “ Enhancement of Research in Geriatrics and Gerontology ”, responsible for Part A of the application. Resulted in the appointment of J. Haberstroh and approval of Part B with „DECIDE – Decision-making places in Alzheimer’s dementia: Supporting advance decision-making by improving person-environment fit“; PI: J. Haberstroh (EUR 1.316.255, Allocation Forstmeier EUR 300.000) |
| 2018-2021 | «Equine-assisted biographical work (EABW) with individuals in the second half of life», funded by Rittal Foundation, J. J. Darboven GmbH & Co. KG, Bürgerstiftung Siegen u.a., PI: S. Forstmeier (insgesamt EUR 18.546) |
| 2017-2020 | „Life Review Therapy for Holocaust Survivors: A randomized controlled trial“, funded by the DFG (FO 308/2-1), PI: S. Forstmeier (EUR 367.040) |
| 2017-2018 | „Intergenerational associations of self-regulation in families“, funded by State funding, PI: S. Forstmeier (EUR 14.500,-) |
| 2017-2018 | „Technological support for attention regulation at workstations for older people“, funded by State funding (Call Interfaculty Projects); PI: S. Forstmeier (EUR 88.210) |
| 2015-2016 | „Experimental analyses of reminiscence processes“, funded by University funds; PI: S. Forstmeier (EUR 10.000) |
| 2014-2016 | “Life-review therapy for Holocaust survivors – pilot phase”, funded by Stichting Door-Geven (Foundation Door-Geven), Netherlands (EUR 6.100), Adolf and Mary Mil Foundation, Switzerland (CHF 10.000 = ca. EUR 9.100) and Hidden Child Foundation, New York (USD 8.100 = ca. EUR 7.200), PI: S. Forstmeier |
| 2014-2015 | “Motivational Reserve as protective psychological factor in mild Alzheimer’s dementia and mild cognitive impairment (continuation)”, funded by Swiss National Science Foundation; PI: A. Maercker und S. Forstmeier (CHF 61.120 = ca. EUR 55.900) |
| 2013-2015 | “Predictors of the conversion from subjective memory impairment and mild cognitive impairment to dementia”, funded by Vifor Pharma Schweiz; Co- |

- PI: S. Forstmeier, PI: Dr. Sacha Beck, Stadtsptal Waid Zürich (CHF 50.000 = ca. EUR 45.500)
- 2012-2015 „Cognitive-behavioral treatment for patients with mild Alzheimer’s dementia: A randomized controlled trial II”, funded by Hedwig Widmer Foundation; PI: S. Forstmeier (CHF 87.000 = ca. EUR 79.500)
- 2010-2013 „Cognitive-behavioral treatment for patients with mild Alzheimer’s dementia: A randomized controlled trial”, funded by Swiss National Science Foundation and Hedwig Widmer Foundation; PI: S. Forstmeier (CHF 396.287 = ca. EUR 362.000)
- 2009-2013 “Motivational Reserve as protective psychological factor in mild Alzheimer’s dementia and mild cognitive impairment”, funded by Swiss National Science Foundation, Velux Foundation, Tropos Foundation, Kurt Fries Foundation, and Swiss Alzheimer’s Association; PI: A. Maercker und S. Forstmeier (insgesamt CHF 980.919 = ca. EUR 896.000)
- 2008-2009 „Effects of stress, social anxiety, and smoking on self-control“, funded by Helen Bieber Fonds (Zurich); PI: S. Forstmeier (CHF 2.680 = ca. EUR 2.500)
- 2008 „Volitional competencies as predictors of therapy effect“, funded by Sorbi Foundation (Bad Kreuznach); PI: S. Forstmeier (EUR 3.170)
- 2007-2008 „Resources in old age“, funded by Hedwig Widmer Foundation (Zurich), PI: S. Forstmeier (CHF 7.310 = ca. EUR 6.700)

Promotion of young researchers

1. Schönberg, P. (Prom. expected 2026). *Applied Improvisation in Psychotherapy for Social Anxiety in Children and Adolescents*. University of Siegen.
2. Soufi Amlashi, R. (Prom. expected 2026). *Attachment, meaning making, and acculturative stress in international students*. University of Siegen.
3. Ochel, J. (Prom. expected 2026). *Attachment and cognitive deficits over the lifespan*. University of Siegen.
4. Brettschneider, P. (Prom. expected 2026). *Involuntarily Childless Individuals*. University of Siegen.
5. Flöter, L. (Prom. expected 2026). *Post-Traumatic Stress Disorder and Moral Injury*. University of Siegen.
6. Hadian Hamedani, K. (Prom. expected 2026). *Dyadic perfectionism and marital outcomes*. University of Siegen.
7. Hulsmans, N. (Prom. expected 2026). *Balanced Time Perspective*. University of Siegen.
8. Pracht, A. (Prom. expected 2026). *Children of parents with mental disorders*. University of Siegen.
9. Becker, T. (Prom. expected 2025). *Structural deficits in psychotherapy patients in old age*. University of Siegen.
10. Majzoobi, M. (Prom. expected 2025). *Marital-Based Reminiscence Styles*. University of Siegen.
11. Lenz, Hans-Joachim (Prom. expected 2025). *Life Review and Time Perspective*. University of Siegen.
12. Zimmermann, S. (Prom. expected 2024). *Mental Health in Holocaust survivors*. University of Siegen.
13. Dittmann, C. (Prom. 2024). *The Teacher-Student Relationship as a Key to Regulating Externalizing Behavior Disorders*. University of Siegen. Together with Rüdiger Kißgen.

14. Schmidt, J. (Prom. 2022). *Horse-assisted Life Review with people in the second half of life with subclinical depression*. University of Siegen.
15. Fereydouni, S. (Prom. 2021). *Cross-cultural investigation of reminiscence functions, cultural and religious values, and well-being in old age in Iran and Germany*. University of Siegen.
16. Aulmann, N. (Prom. 2021). *Subjective Performance Behavior and Experience of Children with Parental Alcohol Addiction*. University of Siegen.
17. Mortazavi, Z. (Prom. 2021). *Adult attachment style, emotion regulation, and mental health*. University of Siegen.
18. Göllner, L. (Prom. 2020). *Selfregulation over the lifespan*. University of Siegen.
19. Hesse, M. (Prom. 2019). *Biographical work with palliative patients*. University of Siegen.
20. Bachem, R. (Prom. 2015). *Sense of Coherence across the lifespan: Evaluation of a new conceptualization*. University Zurich. Supervised with Prof. A. Maercker.
21. Pfeifer, L. (Prom. 2015). *Caregiver burden, neuropsychiatric symptoms and impaired awareness in early-stage Alzheimer's disease*. University Zurich.
22. Fankhauser, S. (Prom. 2012). *The impact of motivational and social variables on cognitive and emotional health in the elderly*. University Zurich.
23. Drobetz, R. (Prom. 2012). *Delay of gratification across the lifespan: Psychological processes, neural substrates, and clinical implications*. University Zurich.
24. Mortby, M. (Prom. 2011). *Apathy and Depression in Mild Cognitive Impairment and Alzheimer's Disease and the Role of Premorbid Motivational Abilities as a Predictor and Moderator*. University Zurich.

Publications altogether 142 (incl. chapters and monographs, excl. submitted articles)**Journal papers (peer reviewed)**

1. Afrashteh, M. Y., Majzoobi, M. R., Janjani, P. & Forstmeier, S. (2024). The Relationship between the Meaning of Life, Psychological Well-Being, Self-Care, and Social Capital, with Depression and Death Anxiety in the Elderly Living in Nursing Homes: The Mediating Role of Loneliness. *Heliyon*, April 22. <https://doi.org/10.1016/j.heliyon.2024.e30124>
2. Amani, R., Momeni, K., Majzoobi, M. R., Hadian Hamedani, K. & Forstmeier, S. (2024). The Relationship Between Attachment Styles and Marital Satisfaction: The Mediating Role of Storytelling Enjoyment and Narrative Mindset. *The American Journal of Family Therapy*. <https://doi.org/10.1080/01926187.2024.2328028>
3. Florack, J., Abele, C., Baisch, S., Forstmeier, S., Garmann, D., Grond, M., Hornke, I., Karakaya, T., Karneboge, J., Knopf, B., Lindl, G., Müller, T., Oswald, F., Pfeiffer, N., Prvulovic, D., Poth, A., Reif, A., Schmidtman, I., Theile-Schürholz, A., Ullrich, H. & Haberstroh, J. (2023). Project DECIDE, part II: decision-making places for people with dementia in Alzheimer's disease: supporting advance decision-making by improving person-environment fit. *BMC Medical Ethics* 24, 26. <https://doi.org/10.1186/s12910-023-00905-0>
4. Forstmeier, S., Zimmermann, S., van der Hal, E., Auerbach, M., Kleinke, K., Maercker, A. & Brom, D. (2023). Effect of Life Review Therapy for Holocaust Survivors: A randomized controlled trial. *Journal of Traumatic Stress*, 36(3), 628-641. <https://doi.org/10.1002/jts.22933>
5. Forstmeier, S. & Ochel, J. (2023). Überblick über Expositionsverfahren im höheren Lebensalter bei Angststörungen und Posttraumatischer Belastungsstörung. *Psychotherapie im Alter*, 20(1), 9-25. <https://doi.org/10.30820/1613-2637-2023-1-9>
6. Arns, J., Born, V., Flöter, L., Hulsman, N. & Forstmeier, S. (2023) Einstellung von Psychotherapeut:innen zur Exposition mit älteren Patient:innen. *Psychotherapie im Alter*, 20(1), 9-25. <https://doi.org/10.30820/1613-2637-2023-1-83>
7. Kleineidam, L., Wolfgruber, S., Weyrauch, A., Zulka, L. E., Forstmeier, S., ... & Wagner, M. (2022). Midlife occupational cognitive requirements protect cognitive function in old age by increasing cognitive reserve. *Frontiers in Psychology*, 13, <https://doi.org/10.3389/fpsyg.2022.957308>
8. Dittmann, C. & Forstmeier, S. (2022). Experiences with teachers in childhood and their association with wellbeing in adulthood. *BMC Psychology*, 10:283. <https://doi.org/10.1186/s40359-022-01000-6>
9. Fereydouni, S., Fereidouny Doshmanzeiary, S. & Forstmeier, S. (2022). Relationship between religious attitude and depression, anxiety, and stress symptoms in university students in Iran. *Psychological Disorders and Research*, 5, 2-7. <http://dx.doi.org/10.31487/j.PDR.2022.01.02>
10. Momeni, K., Amani, R., Janjani, P., Majzoobi, M. R., Forstmeier, S. & Nosrati, P. (2022). Attachment styles and happiness in the elderly: the mediating role of reminiscence styles. *BMC Geriatrics*, 22, 349. <https://doi.org/10.1186/s12877-022-03053-z>
11. Mortazavizadeh, Z., Göllner, L. & Forstmeier, S. (2022). Emotional competence, attachment and parenting styles in children and parents. *Psychology: Research and Review*, 35, 6. <https://doi.org/10.1186/s41155-022-00208-0>

12. Fereydouni, S. & Forstmeier, S. (2022). An Islamic form of logotherapy in the treatment of depression, anxiety and stress symptoms in university students in Iran. *Journal of Religion and Health*, 61, 139-157. <https://doi.org/10.1007/s10943-021-01495-0>
13. Majzooobi, M. R. & Forstmeier, S. (2022). The relationship between the reminiscence of relationship-defining memories and marital outcomes: A systematic review and meta-analysis. *Journal of Family Theory & Review*, 14, 7-27. <https://doi.org/10.1111/jftr.12442>
14. Zimmermann, S., van der Hal, E., Auerbach, M., Brom, D., Ben-Ezra, L., Tischler, R., Cassif-Weissberg, L., Nof, R., & Forstmeier, S. (2022). Life review therapy for Holocaust survivors (LRT-HS): Two systematic case studies. *Psychotherapy*, 59(4), 521-532. <https://doi.org/10.1037/pst0000419>
15. Aulmann, N. & Forstmeier, S. (2021). Leistungsverläufe von Kindern suchterkrankter Eltern - ein Überblick über den Forschungsstand westlicher Länder. *SuchtAktuell*, 23, 28-39. <https://www.sucht.de/heft-1-2021/>
16. Schmücker, V., Eiler, T. J., Grünewald, A., Forstmeier, S., Gensing, F., Gießer, C. & Brück, R. (2021). Customizable Memory Training in Virtual Reality with Personal Memoirs. 2021 IEEE International Conference on Artificial Intelligence and Virtual Reality (AIVR), Taichung, Taiwan (pp. 189-193). doi: 10.1109/AIVR52153.2021.00042.
17. Fereydouni, S., Fereidouny Doshmanzeiary, S. & Forstmeier, S. (2021). The relationship between ethnic identity and depression, anxiety, and stress symptoms in university students in Iran. *Psychology and Psychotherapy: Research Study*, 5, <https://doi.org/10.31031/PPRS.2021.05.000602>
18. Becker, T., Martin, F., Wilz, G., Risch, A. K., Kessler, E.-M. & Forstmeier, S. (2021). Psychotherapie im höheren Lebensalter in der Psychotherapieausbildung: Eine Bestandsaufnahme. *Zeitschrift für Klinische Psychologie und Psychotherapie*, 49, 172-181. <https://doi.org/10.1026/1616-3443/a000593>
19. Hajek, A., Forstmeier, S. & König, H.-H. (2021). Health-related quality of life and ego integrity among the oldest old – Evidence from the multicenter AgeCoDe-AgeQualiDe study. *Archives of Gerontology and Geriatrics*, 95, 104408. <https://doi.org/10.1016/j.archger.2021.104408>
20. Schmidt, J., Wartenberg-Demand, A. & Forstmeier, S. (2021). Pferdegestützte Biografiearbeit für Erwachsene (PBA-E). Ein Konzept am Beispiel der subklinischen Depression. *Mensch & Pferd international*, 3, 96-108. <http://dx.doi.org/10.2378/mup2021.art14d>
21. Aulmann, N. & Forstmeier, S. (2021). Subjektives Leistungserleben von Studierenden bei Alkoholsucht der Eltern. *SUCHT*, 67, 23-31. <https://doi.org/10.1024/0939-5911/a000697>
22. Thoma, M.V., Kleineidam, L., Forstmeier, S., Maercker, A., Weyerer, S., Eisele, M., van den Bussche, H., König, H.-H., Röhr, S., Stein, J., Wiese, B., Pentzek, M. Bickel, H., Maier, W., Scherer, M., Riedel-Heller, S.G., & Wagner, M. (2021). Associations and correlates of general versus specific successful ageing components. *European Journal of Ageing*, 18, 549–563. <https://doi.org/10.1007/s10433-020-00593-4>
23. Lenz, H.-J., Zimmermann, S., & Forstmeier, S. (2020). Der Lebensrückblick und Traumafolgestörungen aus der Perspektive der Lebensspanne. *Trauma & Gewalt*, 14, 288-302. <https://doi.org/10.21706/tg-14-4-288>
24. Schmidt, J., Wartenberg-Demand, A. & Forstmeier, S. (2020). Equine-assisted biographical work (EABW) with individuals in the second half of life: study protocol of a

- multicentre randomised controlled trial. *Trials*, 21:857. <https://doi.org/10.1186/s13063-020-04784-3>
25. Forstmeier, S., van der Hal, E., Auerbach, M., Maercker, A., & Brom, D. (2020). Life review therapy for Holocaust survivors (LRT-HS): Study protocol for a randomised controlled trial. *BMC Psychiatry*, 20, 186. <https://doi.org/10.1186/s12888-020-02600-5>
 26. Mortazavizadeh, Z., Maercker, A., Roth, T., Savaskan, E., & Forstmeier, S. (2020). Quality of the caregiving relationship and quality of life in mild Alzheimer's dementia. *Psychogeriatrics*, 20, 568-577. <https://doi.org/10.1111/psyg.12546>
 27. Hesse, M., Forstmeier, S., & Radbruch, L. (2019). Patients' priorities in a reminiscence and legacy intervention in palliative care. *Palliative Care & Social Practice*, 13, 1-18. <https://doi.org/10.1177/2632352419892629>
 28. Hesse, M., Forstmeier, S., Cuhls, H., & Radbruch, L. (2019). Volunteers in a biography project with palliative care patients – a feasibility study. *BMC Palliative Care*, 18:79. <https://doi.org/10.1186/s12904-019-0463-0>
 29. Aulmann, N. & Forstmeier, S. (2019). A Grounded Theory study on the academic performance of female adolescents in the context of family alcohol addiction. *International Archives of Addiction Research and Medicine*, 5:031. <https://doi.org/10.23937/2474-3631/1510031>
 30. Hesse, M., Forstmeier, S., Mochamat, M., & Radbruch, L. (2019). A review of biographical work in palliative care. *Indian Journal of Palliative Care*, 25, 445-454. https://doi.org/10.4103/IJPC.IJPC_16_19
 31. Zimmermann, A., Kirschner, H., Singh, S., Altmann, U., Mill, W., Forstmeier, S. & Strauss, B. (2019). Praxistaugliche Materialien zur Durchführung von Lebensrückblicken: Entwicklung und Evaluation von Maßnahmen zur Förderung psychischer Gesundheit im Alter. *Psychotherapeut*, 64, 31-37. <https://doi.org/10.1007/s00278-018-0324-y>
 32. Kirschner, H., Zimmermann, A., Singh, S., Forstmeier, S., Mill, W., Werner, B. & Strauss, B. (2019). „Erinnern, erzählen, dabei sein“ – Teilhabe älterer Menschen durch Lebensrückblickinterviews. *Prävention und Gesundheitsförderung*, 14, 40-46. <https://doi.org/10.1007/s11553-018-0677-7>
 33. Zimmermann, S. & Forstmeier, S. (2018). From fragments to identity: Reminiscence, life review and well-being of Holocaust survivors. An Integrative Review. *Aging & Mental Health*, Dec 6:1-25. <https://doi.org/10.1080/13607863.2018.1525608>
 34. Mortazavizadeh, Z. & Forstmeier, S. (2018). The role of emotion regulation in the association of adult attachment and mental health: A systematic review. *Archives of Psychology*, 2, 1-25. <https://archivesofpsychology.org/index.php/aop/article/view/83>
 35. Thoma, M.V., Forstmeier, S., Schmid, R., Keller, O., Xepapadakis, F., Schreiter Gasser, U., Blessing, A., Ropohl, A., Bieri-Brünig, G., Debeer, D., & Maercker, A. (2018). Preliminary evidence for an increased likelihood of a stable trajectory in mild cognitive impairment in individuals with higher motivational abilities. *BMC Geriatrics*, 18(181). <https://doi.org/10.1186/s12877-018-0865-5>
 36. Göllner, L., Ballhausen, N., Kliegel, M. & Forstmeier, S. (2018). Delay of Gratification, Delay Discounting and their associations with age, episodic future thinking, and future time perspective. *Frontiers in Psychology*, Jan 25;8:2304. <https://doi.org/10.3389/fpsyg.2017.02304>
 37. Forstmeier, S., Köberl, A. M., Schmitt, H.-J., Wendisch, G., Zimmermann, S., Peters, M. (2018). Ergebnisse zur Psychosomatischen Rehabilitation über 70-jähriger Patienten. *Psychotherapie im Alter*, 15, 67-86. <https://doi.org/10.30820/1613-2637-2018-1-67>

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